

## **DARWIN WORKSHOP**

**Length:** 1 hour

**Age Range:** 8-18+

**Size:** 30

**Space requirements:** Stage or large studio space

### **Summary:**

Our workshops are often, but not always, done for students who attend our performances. In either case we like to show a quick promo of our work at the beginning of each workshop.

After the promo we do a short warm up consisting of simple exercises and games that will warm our bodies up and open us up to creativity. It is designed for students with little to no dance experience but can always be adjusted for dance groups.

We then teach a short piece of choreography from the show. The emphasis is not only on the steps, but also on the process of bringing a character to life. We encourage the students to use movement and dance as a tool to express emotions. How does one convey happiness, sadness, fear or joy without speaking or using facial expressions?

After each group has had a few chances to perform the choreography with music we have one of our performers put on a costume and perform the same choreography. A space that is able to go dark is most effective but not necessary.

Workshops will always vary depending on the ability and size of the group.